



Welcome to the PALS Provider Course.

When and Where

Date: _____

Time: Registration:
 The Course:

Location: The HealthSource at KidSake
 2999 Cleveland Ave. Suite C, Santa Rosa CA, 95403

PARKING: No parking on the south side of the building. Please park in the back parking lot or you can use the north side of the building street parking.

You must arrive at least 5 min. prior to the class starting time, ***No one will be admitted to the class once class has begun.*** Students are expected to attend and actively participate in the entire course.

What to Bring To Class

Please bring your copy of the **current** PALS *Provider Manual* and a copy of the completed Pre-Test score summary sheet. The Pre-Test is located on the CD contained in the PALS Provider Manual.

How to Get Ready

The PALS Provider Course is designed to teach you the lifesaving skills required to be both a team member and a team leader in either an in-hospital or out-of-hospital setting. Because the PALS Provider Course covers extensive material in a short time, you will need to prepare for the course beforehand.

Pre-course Requirements

You should prepare for the course as follows:

1. *Pre-course checklist:* Complete the pre-course checklist that came with your *PALS Course Guide*. Bring the checklist with you to the course.
2. *CPR competency:* Be prepared to pass the child 1-rescuer CPR/AED and infant 1- and 2-rescuer CPR skills test. You will not be taught how to do CPR or how to use an AED during the course. You must know this in advance. The resuscitation scenarios require that your BLS skills and knowledge are current. Review and understand all BLS 2005 guidelines, especially as they relate to the pediatric patient. You may find this information in the *BLS for Healthcare Providers* manual or in other AHA guidelines publications (see www.americanheart.org/cpr).
3. *Practice cases:* Work through the practice cases located on the student CD to familiarize yourself with the "assess-categorize-decide-act" model taught in the course. As you read through each case, try to answer the questions. Check your

answers to make sure you understand the concepts.

4. *PALS algorithms and flowcharts*: Be familiar with the PALS algorithms and flowcharts so that you can apply them to clinical scenarios. Note that the PALS course does not present the details of each algorithm.
5. *Supplement your knowledge*: Review and understand the information in the *PALS Provider Manual*, the *PALS Course Guide*, and the student CD. Pay particular attention to the systematic approach to pediatric assessment, the “assess-categorize-decide-act” model, and the management of respiratory and circulatory abnormalities.

What This Course Does Not Cover

The PALS Provider Course does not teach CPR, ECG rhythm identification, PALS pharmacology, or algorithms. ***If you do not review CPR and if you do not learn and understand the ECG and pharmacology information in the self-assessment CD-based test, it is unlikely that you can successfully complete the PALS Provider Course.*** You will not be taught how to read or interpret ECG rhythm strips in the course, nor will you be taught details about PALS pharmacology. You must know this in advance.

It is essential that you bring your PALS Course Guide to class; you will need it during each lesson in the course.

You may refer to the *Handbook of Emergency Cardiovascular Care for Healthcare Providers* (optional), and you may bring it to the course to use as a reference during some of the stations in the course.

What to Wear

Please wear loose, comfortable clothing to class. You will be practicing skills that require you to work on your hands and knees, and the course requires bending, standing, and lifting. If you have any physical conditions that might prevent you from engaging in these activities, please tell an instructor. The instructor may be able to adjust the equipment if you have back, knee, or hip problems.

Cell Phone/Text Messaging

There will be no cell phone transmission or text messaging while the course is being conducted. You will have sufficient break time to receive or send messages. If you anticipate the need for family or school to contact you on an emergency basis please give The HealthSource main number where we can notify you 707-546-4656.

If you have any questions about the course, please call Candice Mann at The HealthSource at KidSake, 707-546-4656.

Sincerely,

Candice Mann

Candice Mann, RNC
Program Director